FOLD

MEDICATION	DOSAGE	TIME

MY PERSONAL DIABETES HEALTH CARD

Name _____

Address _____

Phone # _____

In Case of Emergency, contact: _____

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I HAVE DIABETES

- If I am acting funny or cannot be awakened, my blood sugar may be too low.
- If I can and will swallow, give me 4-6 ounces of a regular soft drink, fruit juice or other sugar source. If I do not recover in 10-15 minutes, call a doctor or send me to an emergency room.
- If I cannot or will not swallow, do not put anything in my mouth; send me to an emergency room immediately.

Allergies:

My Diabetes Health Care Team Information

Name Phone

Doctor _____

Care Coordinator _____

Pharmacist _____

Foot Doctor _____

Eye Doctor _____

Dentist _____

Emergency Services _____

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